



Student Meals are currently served at no charge!

OCTOBER 2020

Lamprey River Elementary School

This institution is an equal opportunity provider

School Information: Mrs. Judy DiNatale, Nutrition Service Director:

Phone 895-6616 x 2345 or email j.dinatale@sau33.com

Mrs. Linda Burke, Cafeteria Manager

Phone 895-3117 x 385, or email l.burke@sau33.com

REMOTE Meals must be ordered by 9:00 am Friday the week before (by 9:00 AM on Thursday, October 1st for the week of 10/5-10/9).

Monday



Tuesday

Wednesday

Thursday

Friday

*Track A days are in Green,
Track B days are in Blue.*

*Please see our Remote menu for
Preorder options!*

Chicken Burger on Bun **5**
Rainbow Slaw
Oven Baked Fries
Chilled Fruit

Chicken Burger on Bun **6**
Rainbow Slaw
Oven Baked Fries
Chilled Fruit

French Toast Sticks **7**
Sausage Links
Baked Beans
Crunchy Veggies
Frozen Fruit Treat

Quesadilla **1**
Salsa/ Refried Beans
Romaine Salad
Frozen Fruit Treat

2
**Teacher
In-service Day
No Classes**

9
REMOTE DAY
*Grab and Go Meals for
next week must be
PREORDERED ONLINE
By 9:00 AM Friday.
Pick up is next Mon or Tues.*

12
**Columbus Day
Holiday
No Classes**

Meatball Sub **13**
Crunchy Veggie Sticks
Tropical Fruit

Meatball Sub **14**
Crunchy Veggie Sticks
Tropical Fruit

French Toast Sticks **8**
Sausage Links
Baked Beans
Crunchy Veggies
Frozen Fruit Treat

Mini Bagel Pizzas **15**
Caesar Salad
Grape Tomatoes
Mandarin Oranges

Mini Bagel Pizza **16**
Caesar Salad
Grape Tomatoes
Mandarin Oranges

Chicken Rotini Alfredo **19**
w/ Broccoli
Tiny Whole Carrots
Bread Stick
Sliced Peaches

Chicken Rotini Alfredo **20**
w/ Broccoli
Tiny Whole Carrots
Bread Stick
Sliced Peaches

Hotdog on Bun **21**
BBQ Beans
Celery Sticks
Pineapple Tidbits

Hotdog on Bun **22**
BBQ Beans
Celery Sticks
Pineapple Tidbits

23
REMOTE DAY
*Grab and Go Meals for
next week must be
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Pick up is next Mon or Tues.*

Chicken Fajita **26**
w/ Peppers & Cheese
Salsa and Sour Cream
Whole Kernel Corn
Sliced Pears

Chicken Fajita **27**
w/ Peppers & Cheese
Salsa and Sour Cream
Whole Kernel Corn
Sliced Pears

Nachos w/ Chili, **28**
Cheese & Salsa
Black Bean Salad
Chilled Fruit

Happy Halloween **29**
Witches Hair w/
Eyeball Meatballs
Broccoli Bat Wings/Broom Stick Roll
Trick or Treat Ice Cream Cup
Mixed Berry Brains

Happy Halloween **30**
Witches Hair w/
Eyeball Meatballs
Broccoli Bat Wings/Broom Stick Roll
Trick or Treat Ice Cream Cup
Mixed Berry Brains

**Menu subject to occasional change **Alternate Entrée available daily: Sunbutter and Jelly sandwich with the rest of the regular meal.*

***All Lunch Meal will include a choice of Lo-fat White or Chocolate Milk. MILK ONLY will be available for \$.50.*

*** Please be reminded that Students wishing to purchase Milk Only must have funds available in their account. Milk only may not be charged.*

THIS YEAR ABSOLUTELY NO PAYMENTS MAY BE ACCEPTED IN THE LUNCH



PAY FOR MEALS ONLINE
MySchoolBucks.com