



# OCTOBER 2020

School Information: Mrs. Judy DiNatale, Nutrition Service Director:

Phone 895-6616 x 2345 or email [j.dinatale@sau33.com](mailto:j.dinatale@sau33.com)

## Raymond School District Remote Lunches

**Pick up of meals takes place at Raymond High School**

**on Monday and Tuesday mornings**

**from 11:00 till noon.**

All Bag Lunches come with Chocolate Low-fat Milk

*Menu subject to occasional change*

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast and Lunch Meals are currently Free for students!



PAY FOR MEALS ONLINE

[MySchoolBucks.com](https://www.myschoolbucks.com)

5  
ABC CHICKEN NUGGETS  
SMILY FRIES  
BROCCOLI CUTS  
FRESH FRUIT

6  
HAM & CHEESE ON BUN  
TOSSED SALAD  
CRUNCY SNACK  
CHILLED PEACHES

7  
Waffle Sticks w/ Syrup  
Yogurt Cup  
Baked Beans  
Celery Sticks  
Applesauce Cup

8  
American Chop Suey  
Carrot Coins  
Dinner Roll  
Diced Pears

9  
CHICKEN BACON RANCH WRAP  
COLE SLAW  
PEPPER STRIPS  
DRIED CRANBERRIES

12  
**Columbus Day  
Holiday  
No Classes**

13  
GARDEN SALAD  
W/ HAM & EGG  
BREADSTICK  
PINEAPPLE TIDBITS

14  
Meatball Sub  
Seasoned Vegetable  
Mandarin Oranges

15  
Pizza Sticks  
Marinara Dipping Sauce  
Cucumber Rounds  
Fresh Fruit

16  
SLICED TURKEY ON BUN  
CRUNCHY VEGGIES  
RICE KRISPIE TREAT  
MANGO APPLESauce

19  
FRENCH TOAST STICKS  
YOGURT CUP  
HASH BROWN POTATOES  
TINY WHOLE CARROTS  
APPLESACUE CUP

20  
RAVIOLI W/ SAUCE  
CUT GREEN BEANS  
GARLIC TOAST  
CHILLED FRUIT

21  
Chicken Fajita Bowl  
w/ Rice, Salsa and Corn  
Celery Sticks  
Fresh Fruit

22  
Pulled Pork on Bun  
BBQ Baked Beans  
Celery Sticks  
Mixed Fruit

23  
BOSCO STICK  
MARINAR DIPPING SAUCE  
YOGURT CUP  
VEGGIE BLEND JUICE  
PEACHES

26  
T  
URKEY CROISSANT  
SANCWICH W/ CHEDDAR  
COLE SLAW  
FRESH FRUIT

27  
GRILLED CHEESE SANDWICH  
CRUNCY VEGGIE STICKS  
BLUE RASPBERRY  
APPLESACUE

28  
Chicken Rotini Alfredo  
Bowl w/ Broccoli  
Tiny Whole Carrots  
Strawberry Cup

29  
Nacho Chips w/  
Queso Cheese & Salsa  
Yogurt Cup  
Rainbow Pepper Strips  
Chilled Fruit

30  
EGG & CHEESE WRAP  
HASH BROWN POTATOES  
VEGGIE BEANS  
MANDARIN ORANGES

All Meals must be preordered on line by 7:00 am on Friday the week before you are picking them up. To order meals, please go to:

[https://www.myschoolbucks.com/ver2/prdembd?ref=ZZH52ZHKK082DN\\_ZZ2N0LD8US7PIEO](https://www.myschoolbucks.com/ver2/prdembd?ref=ZZH52ZHKK082DN_ZZ2N0LD8US7PIEO)

There are 2 plans available: a 3-day package for Hybrid Learners, (3 Breakfasts and 3 Lunches) and a 5-day package for Remote Learners (5 Breakfast and 5 Lunches) The 3-day package includes menus typed in UPPER CASE each week.

This institution is an equal opportunity provider

